



Dr. Jay Singh <jay.singh@glbitm.ac.in>

Attend Lecture on Breath and Mind Management

2 messages

Dr Jay Singh <jay.singh@glbitm.ac.in>

Mon, Jan 25, 2021 at 1:34 PM

To: Rakesh Srivastava <rakesh.srivastava@glbitm.ac.in>

Dear sir/madam,

You are requested to attend a Lecture on "Breath and Mind Management through Art of Living".

Date: 25 Jan. 2021

Timing: 3:50 PM - 4:30 PM

Venue: SBG Hall

Regards

Dr Jay Singh

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*With sincere regards***Dr. Jay Singh**

PhD. (IIT-Dhanbad), M.Tech, B.Tech (MMMEC-Gorakhpur)

LMISTE-India, IEEE-YP, RMWASET-USA, RMEPCS-UK

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Life is an echo. Everything returns, i.e. good, bad, true and lie. Therefore always try to give your better to the world and definitely the best will return to you.

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Rakesh Srivastava <rakesh.srivastava@glbitm.ac.in>

Mon, Jan 25, 2021 at 3:23 PM

To: Everyone <everyone@glbitm.ac.in>, everyone@glbitm.org

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Event Name	Type of Event	Resource Person	Date	Sponsored by	No. of Participants
Lecture on "Breath and Mind Management" through Art of Living: Know the secrets of Breath and Mind Management. How to connect to our innermost being & have better connection with the fast changing outer world	Social	1. Mrs. Savita Sharma, Director Kailash Hospital, Greater Noida. 2. Mr. Rajesh Mathur, Sr. Faculty Art of Living	25Jan.2021	NA	32

