

Expert Lecture on Meditation

Dept. of EEE and Value Education Cell, GL Bajaj Institute of Technology and Management, Greater Noida organized an online session on meditation and its impact on our mind. Total number of participants were 30 (including faculty and student).

Event Name	Type of Event	Resource Person	Date	Sponsored by	No. of Participants
Expert Lecture on Meditation	Social	Mrs. Savita Sharma, Director Kailash Hospital Noida	30-Jun-21	IEEE UP Section	30

The screenshot displays a Google Meet session. The browser's address bar indicates the meeting URL: meet.google.com/wui-ayeg-ddw?authuser=1. The meeting interface shows two video thumbnails: one for 'Savita Sharma' and another for 'You'. The bottom control bar features a red 'REC' button, a timer at 12:35 PM, and icons for mute, video, chat, and end call. The Windows taskbar at the bottom shows the system tray with the date 30-06-2021 and time 12:35 PM.